# **UIAA ICE CLIMBING CONTINENTAL CUP 2024 OULU 3.2.2024**

#### Finice2024 instructions for athletes

Competition web page: <u>https://finice2024.com/</u> - check the schedule and updates to this info! The competition starts at Saturday morning about 8!

## Sign up beforehands

Sign up here: <u>https://uiaa.results.info/#/</u> to Oulu Continental Open or Oulu Continental Open Youth.

- If this is your first time, make an account to the UIAA system in here: <u>https://docs.google.com/forms/d/e/1FAIpQLScYvD9jUOsRu1n3gCgPhk-</u>psfJ82DOMNseoKT8f0ncjAtHtQA/viewform
- Youth categories have changed since last year. They are according to year of birth:
  - Under 16 Youth B: 2010 2009 (toprope)
  - o Under 18 Youth A: 2008 2007
  - o Under 20 Junior: 2006 2005
  - Those in U20 categories may also participate in adults competition with the same climb (same routes). If you do this, sign up to both competitions (no extra fee). It's unclear atm if U18 participant can take part in adults competition, routes are not the same.
- See others who have signed up from "info".
- Start lists and results are in this same system also.
- Deadline to sign up is 1.2.
- Earlier we had a pre-paid ticket, but this year not. Competition ticket 50€ is paid at the registration on site.

#### Registration

At registration you will get a competition number (bib) and you'll pay the competition fee

- Registration is on Friday 2.2. at Oulu Climbing Center lobby at 18:00 20:00. Address is Paakakatu 7.
- Competition fee of 50€ can be paid with card or cash (take exact, no exchange)
- Team manager can also register the whole team
- We are aiming to create the start lists after registration closes. It requires that we can allocate all competition numbers.
- If you are not able to come to registration site in Friday evening, please send mail to <u>info@finice2024.com</u> and we reserve a number for you. In this case you must pay your fee at the competition site before 8AM, when you will get your bib and competitor badge.
- Start lists come to UIAA system when they are ready
- Competitor ticket is your ticket to closing party (includes food, sauna, hot tub, award ceremony)

#### Team officials

- Team official badge costs 20€ and it gives you entrance to closing party (award ceremony, food, sauna, hot tub)
- Also access to athlete's warm-up spaces in the competition site
- You can pay your badge at registration in Friday, or at the competition site kiosk any time

## Services at the competition site

- Address Alakyläntie 1070, https://maps.app.goo.gl/38aS7zkD7iKtQXWm7
- The site is about 12km from Oulu city, it's about 20min drive. There is no public transport. Taxi is a good option.
- You can buy lunch from Terwa Food Truck- This your we did not have possibility to include the lunch to competitor ticket. See the menu in here in Finnish (with pictures): <a href="https://terwafoodtruck.fi/">https://terwafoodtruck.fi/</a>. (Terva means tar and is used as a spice in some the foods. It relates to history of Oulu when tar was an important export product from this area, was brough to Oulu in river boats and and shipped in Oulu...)
- We have also a kiosk open all day selling hot and cold drinks and snacks.
- We provide hot and cold water. But please take your own bottle and thermos, filled already!
- Also, a headlamp is handy, it's dark outside quite early in the beginning of February.
- Open fire is available for anyone to use for e.g. warming your sandwiches, sausages etc.
- Important in the toilets: DO NOT STAND ON THE TOILET SEAT, only sitting there !!

## Closing party

- Award seremony
- Dinner
- Sauna
- Hot tub
- Take swimming suit for the hot tub
- Entrance with competitor / team official / volunteering badge

## Ourdoor-kirppis

- Saturday from 11:00 to 15:00 at the competition site
- You can sell and buy climbing and ourdoor-related gear and clothes
- Mark price and your phone number to the gear, so that the customer can find you if you are not nearby
- Payments directly from buyer to seller, Finice does not take any responsibility of money transfers or the items which are sold or left at the tables (we try to keep them on eye of course)

## Fun "höntsä" competition

Sunday competition in toprope using some of the competition routes

- Sign up in advance: <u>https://docs.google.com/forms/d/e/1FAIpQLSdKe-</u> x1Kks0pCtv4zws\_Rsk300vF2Gz53oOBiy6mqJc3fl8CQ/viewform
- Competion starts at 12
- Ticket 20 €, free for volunteers. Payments on Saaturday or Sunday with card or cash to kiosk.
- Belaying and judging by other competitors in turns
- You must have some insurance that covers this fun, like Finnish Climbing federation's insurance.

#### Health advice

COME to the venue COMPLETELY HEALTHY! If you feel sick, take a rest, and get well soon. First aid is equipped mainly for injuries at the competition venue. Please take your own painkillers and other personal medications with you. We would also like to remind you that cold temperatures may worsen asthma symptoms.

## Audience

All the family members and neighbors are welcome to see and feel the amazing climbing competition! There is lots of parking place and free entrance! Kiosk and Terwa food truck are serving food, café etc to audience also.

#### Livestream

UIAA youtube channel has a live streaming of the competition. This time is made by amateur forces and does not have the graphics. Follow the online results from UIAA results service. Finice2024 Instagram and facebook will follow the competition also with snapshots of what's going on, follow us! Also, if you tag finice2024 for your stories, we will be sharing them.

#### Discounts for competitors

Finice competitors can climb at Oulu Climbing center OKK (Paakakatu 7, same as registration site) half price 6€ during 1 – 4.2.2024.

Finice competitors can climb at the Ice Tower after the competition with half price 7€. Take own rope! Payments to club bank account FI62 8900 8710 6619 57 using reference 1342. Please note the fun competition is on Sunday at 12. During Fun competition's routesetting and competition tower is reserved to this (about from 10AM to 16PM, more schedules later). You may climb also next week.

## What else is interesting in Oulu

Link to Oulu turist office: https://visitoulu.fi/en/tourist-info-recommends/